


COLLEGE F.X. VOGT		SCHOOL YEAR : 2021-2022
DEPARTMENT OF ENGLISH	ENGLISH LANGUAGE	HARMONISED TEST
LEVEL : 2 <sup>nde</sup> C	DURATION : 2hrs/ COEF. : 3	INTENSIVE SESSION – MAY 2022

### **PART A: EVALUATION OF RESOURCES**

#### **SECTION A: VOCABULARY (10 marks)**

**Exercise 1:** Complete this blog entry about Volunteer Services with the words from the box below.  
(5mks)

**arms, experience, generous, issues, language, living, orphanage, quickly, standards vegetarian**

"My daughter and I had a wonderful \_\_\_\_\_ with Volunteer Solutions in Kathmandu. I have to say the first thank you goes to their very experienced staff run by Uma Mathema. She is kind, \_\_\_\_\_ and fun loving. She sat and talked to us every day and if a volunteer had any \_\_\_\_\_ with his or her appointed volunteer program, she worked to fix it \_\_\_\_\_. She also helped us to fill in free time with lots of suggestions – both free and low cost touring around Nepal. I would recommend this experience to anyone wanting a truly local experience; it is not a 5-star hotel, but real true Nepal \_\_\_\_\_. She lightened the spices in her cooking for us and provided true spicy \_\_\_\_\_ meals for those who asked for it, 6 days a week.

I loved all the people we worked with, Uma, of course, is amazing and the people at the \_\_\_\_\_, even if the English communication is not strong, we got by with sign \_\_\_\_\_. I learned so much about these people just by cleaning & organizing the room and playing with the children. They run the facility with very little funding and it is not western \_\_\_\_\_, but we need to look past that, with no judgment and see the amazing job these people do with what they have.

The best things we bring are loving \_\_\_\_\_ for these amazing kids. I enjoyed a lot with the staff and the children every day we were there. It was a worthwhile experience and we are planning to do it again."

**Exercise 2:** Here is a presentation of Amnesty International. Use the word in brackets to form a new word that fits into each blank. (5mks)

All over the world people are \_\_\_\_\_ (prison) just because they want to exercise their right to freedom of \_\_\_\_\_ (express).

For over 50 years, Amnesty International has been fighting for thousands of prisoners of conscience, people who are arrested and thrown into prison for many reasons: political \_\_\_\_\_ (oppose) to a ruling party, religious beliefs, ethnic origin, \_\_\_\_\_ (sex) orientation and others.

Amnesty International works constantly for the \_\_\_\_\_ (speed) release of such prisoners. The organization was \_\_\_\_\_ (found) by British lawyer Peter Benenson, who represented political prisoners in South Africa, Hungary and Spain. Together with other colleagues he sought to establish an organization to defend and protect freedom of opinion and religion.

In 1977 Amnesty International was awarded the Nobel Peace Prize. Amnesty International is \_\_\_\_\_ (large) made of volunteers, although there are some paid workers.

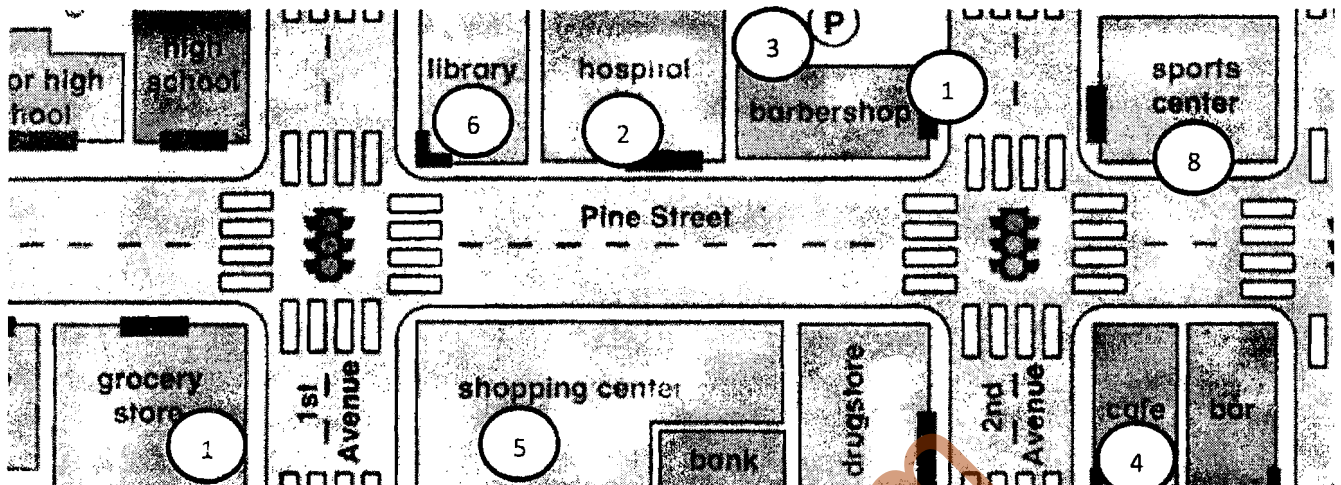
The organization maintains national sections in many countries. \_\_\_\_\_ (fund) comes mainly from \_\_\_\_\_ (donate) and member fees.

The human rights organization supports people who speak up and express their options openly around the world, especially in countries where freedom of \_\_\_\_\_ (speak) is not taken for granted.

## SECTION B: GRAMMAR (10 marks)

**Exercise 1:** Look at the map and complete the text below with 10 prepositions from the box below. You can use the prepositions only once. (5marks)

across, along, behind, besides, between, from, left, in, next to, on, opposite, right, round, to



- To go \_\_\_\_\_ the grocery store \_\_\_\_\_ the barbershop, you must cross 1st avenue go \_\_\_\_\_ Pine Street, then turn right and continue straight.
- The hospital is \_\_\_\_\_ the library and the barbershop.
- The parking space is \_\_\_\_\_ the barbershop.
- The café is \_\_\_\_\_ the bar.
- The shopping center is \_\_\_\_\_ Pine Street.
- The library's entrance is just \_\_\_\_\_ the corner.
- Dr Weasley's office is \_\_\_\_\_ the second floor of the hospital.
- The sports center is \_\_\_\_\_ the bar.

**Exercise 2:** Rewrite these sentences about Food Safety measures as instructed in the brackets. Make the necessary changes. (5mks)

- "Never leave a bleach bottle on the work surface", the cook warned. (use indirect speech)
- The mum told her child not to let the dinner burn that day. (use direct speech)
- "I stored it in the fridge yesterday", the wife said to her husband. (use indirect speech)
- The vegetables have been carefully cleaned. (change the voice)
- The fish was being stored in the fridge by the nanny when the power went off. (change the voice)
- Did the apprentice clean his knife after cutting some raw meat? (change the voice)
- The cook's hand was burnt. The cook couldn't work for five days. (link the two sentences with a relative pronoun)
- He \_\_\_\_\_ (avoid) food poisoning, if he \_\_\_\_\_ (pay) attention to food safety measures. (use second conditional)

9. She \_\_\_\_\_ (not be) sick, if her mum \_\_\_\_\_  
(store) the left-overs in the fridge. (use third conditional)
10. After \_\_\_\_\_ (wash) with soap and clear water, hands need to be dried with a clean towel  
(rewrite the verb in bracket in the appropriate form)

## **PART B: EVALUATION OF COMPETENCES**

### **SECTION C: READING COMPREHENSION (10 marks)**

**Read the following text and answer the questions in your own words, whenever it's possible.**

#### **Quick ways to boost your immune system**

Not all immune systems are equal - some are more effective than others. Most of us know at least one person who claims they never get sick, not even with a common cold or a seasonal flu. On the other hand, chances are you know someone who seems to catch a cold almost every month. The good news is that our immune system is within our control. Through taking the right simple steps, we can quickly boost the body's ability to combat illness and disease.

First up is diet. You don't necessarily have to radically change what you eat, but a good way to start is by consuming more foods or supplements that contain prebiotics and probiotics. These populate our gut with more healthy bacteria, which we need to fight off "bad" bacteria. On top of this, Vitamin C-rich foods such as citrus fruit and antioxidant-rich foods like carrots and spinach will have a fast effect on your immune system's performance. One lesser known immune "superfood" is garlic. When crushed or chopped, it produces a compound called Allicin, which has been shown to reduce inflammation in the body. Reducing inflammation is a huge part of avoiding illness in general. Luckily, this is also within our control. Simple measures like quality sleep, regular hard exercise, and keeping our blood sugar regulated all massively reduce inflammation. Studies have shown that stress and anxiety are among the biggest contributors to inflammation, and in turn a weakened immune system. To that end, relieving stress in a healthy way will do wonders for your immune system, be it through meditation, yoga or simple breathing techniques.

One rather extreme immune boosting method has been growing in popularity of late - cold water therapy. It sounds counterintuitive, but swimming in cold water, or simply taking a 30-second blast of cold water while showering, actually provides a wide range of benefits, including immune response to illness like the cold! As well as quickly reducing inflammation, cold water exposure teaches our bodies to deal better with stress, and boosts our mood. Over time, it actually increases our body's production of white blood cells, which fight off infections.

While you may not be keen to hop in an icy shower every morning, you can still boost your immune system in a more gentle manner by making sure to rest well, eat well, and exercise regularly.

**a. What is the text about? (2mks)**

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**b. How can we boost our immune system? Give 2 ways. (2mks)**

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**c. What is cold water therapy? Why is it good for your health? (2mks)**

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**d. What are the worst things that can cause inflammation? Give 2 things (2mks)**

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**e. After reading this text which action would you like to set up not to fall sick?(1mk)**

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**f. Find out in the text a synonym to the following words: (1mk)**

a) sickness \_\_\_\_\_

b) broken into tiny pieces \_\_\_\_\_

**SECTION D: WRITING (10 marks)**

**Choose one of the following topics below and write a suitable essay of not more than 200 words.**

**Topic 1:** Do you think it's a good idea to celebrate Women's Day?

Here are some questions to guide you. What is Women's Day? Why, when and how is it celebrated? Why is it good or not good to celebrate this day?

**Topic 2:** As you were coming back from school you got mugged. Write an email to your best friend Kate to tell her what happened, what your reaction was, how you felt, what you did afterwards and how you have learnt from that experience. Your name is Lilly and your email address is lilly.potter@outlook.com and your friend's email address is kate.mcgonagall@gmail.com

**Topic 3:** Tell the story of your last shopping experience. Where was it? How was it? What did you buy? Were you satisfied?

Lined area for writing the essay.